AUTODOC CLUB

How to change front anti roll bar links on **Nissan Qashqai J10** – replacement guide

VIDEO TUTORIAL



Important!

This replacement procedure can be used for:
NISSAN X-Trail (T31) 2.0 dCi FWD, NISSAN Murano II (Z51) 2.5 dCi 4x4, NISSAN Qashqai / Qashqai+2 I (J10, NJ10) 1.5 dCi, NISSAN Qashqai / Qashqai+2 I (J10, NJ10) 1.6, NISSAN Qashqai / Qashqai+2 I (J10, NJ10) 2.0, NISSAN Qashqai / Qashqai+2 I (J10, NJ10) 2.0 All-wheel Drive, NISSAN Qashqai / Qashqai+2 I (J10, NJ10) 1.6 dCi All-wheel Drive, NISSAN Qashqai / Qashqai+2 I (J10, NJ10) 1.6 dCi, NISSAN Qashqai / Qashqai+2 I (J10, NJ10) 2.0 dCi, NISSAN Qashqai / Qashqai+2 I (J10, NJ10) 2.0 dCi All-wheel Drive, NISSAN X-Trail (T31) 2.0 dCi, NISSAN X-Trail (T31) 2.0, NISSAN X-Trail (T31) 2.0 dCi 4x4, NISSAN X-Trail (T31) 2.5 4x4, NISSAN X-Trail (T31) 2.0 FWD, (+ 1)

The steps may slightly vary depending on the car design.

REPLACEMENT: ANTI ROLL BAR LINKS – NISSAN QASHQAI J10. TOOLS YOU'LL NEED:



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Torque wrench
- Combination spanner #17
- Combination spanner #19
- Combination spanner #21
- Drive socket # 19
- Drive socket # 21
- Wheel impact socket #21
- Ratchet wrench
- Wheel chock

BUY TOOLS

Replacement: anti roll bar links – Nissan Qashqai J10. Tip from AUTODOC experts:

- Replace the stabiliser links on Nissan Qashqai J10 in pairs.
- The replacement procedure is identical for both stabiliser links on the same axle.
- Please note: all work on the car – Nissan Qashqai J10 – should be done with the engine switched off.

CARRY OUT REPLACEMENT IN THE FOLLOWING ORDER:

1 Secure the wheels with chocks.

2 Loosen the wheel mounting bolts. Use wheel impact socket #21.



3 Raise the front of the car and secure on supports.



4 Unscrew the wheel bolts.



Replacement: anti roll bar links – Nissan Qashqai J10. Tip:

- To avoid injury, hold up the wheel when unscrewing the bolts.

5 Remove the wheel.



6 Clean the stabiliser link fasteners. Use a wire brush. Use WD-40 spray.

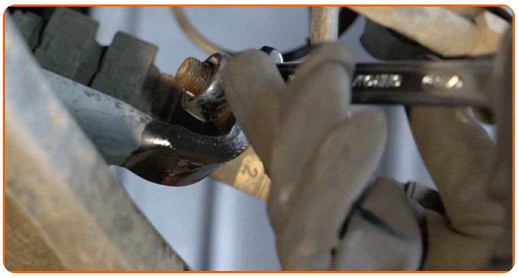


7 Unscrew the fastener connecting the stabilizer link to the shock strut. Use a drive socket #21. Use a ratchet wrench.



8

Unscrew the fasteners connecting the stabiliser link to the stabiliser bar. Use a combination spanner #17. Use a combination spanner #21.



9

Remove the stabilizer rod.



Replacement: anti roll bar links – Nissan Qashqai J10. AUTODOC recommends:

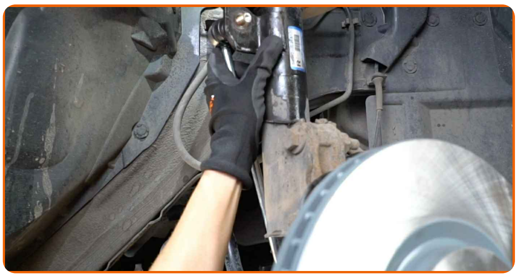
- Examine stabiliser bushes. Replace them if needed.

10

Clean the mounting seats of the stabiliser link. Use a wire brush. Use WD-40 spray.



11 Install a new rod, tighten the fasteners.



12 Tighten the fastener connecting the stabilizer link to the stabilizer bar. Use a combination spanner #19. Use a drive socket #19. Use a torque wrench. Tighten it to 65 Nm torque.



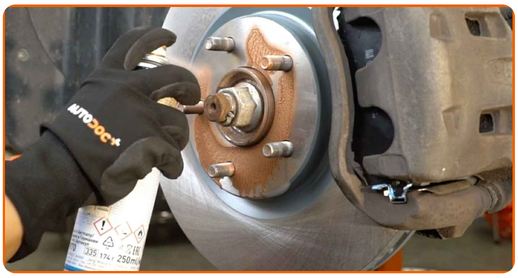
13 Tighten the fastener connecting the stabilizer link to the shock strut. Use a combination spanner #19. Use a drive socket #19. Use a torque wrench. Tighten it to 65 Nm torque.



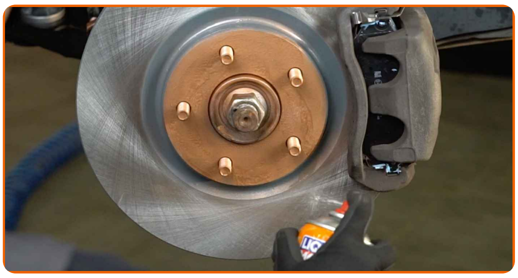
14 Treat all joints of the stabiliser link. Use copper grease.



15 Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



16 Clean the brake disk surface. Use a brake cleaner.



AUTODOC recommends:

- Replacement: anti roll bar links – Nissan Qashqai J10. After applying the spray, wait a few minutes.

17 Install the wheel.



Replacement: anti roll bar links – Nissan Qashqai J10. Tip from AUTODOC experts:

- To avoid injury, hold up the wheel when screwing in the fastening bolts.

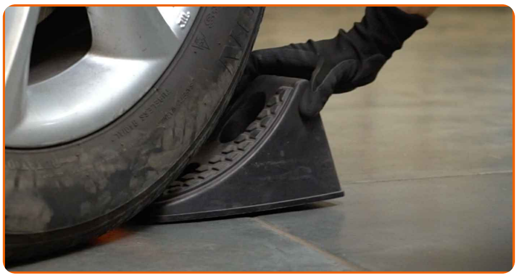
18 Screw in the wheel bolts. Use wheel impact socket #21.



19 Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #21. Use a torque wrench. Tighten it to 112 nm torque.



20 Remove the jacks and chocks.

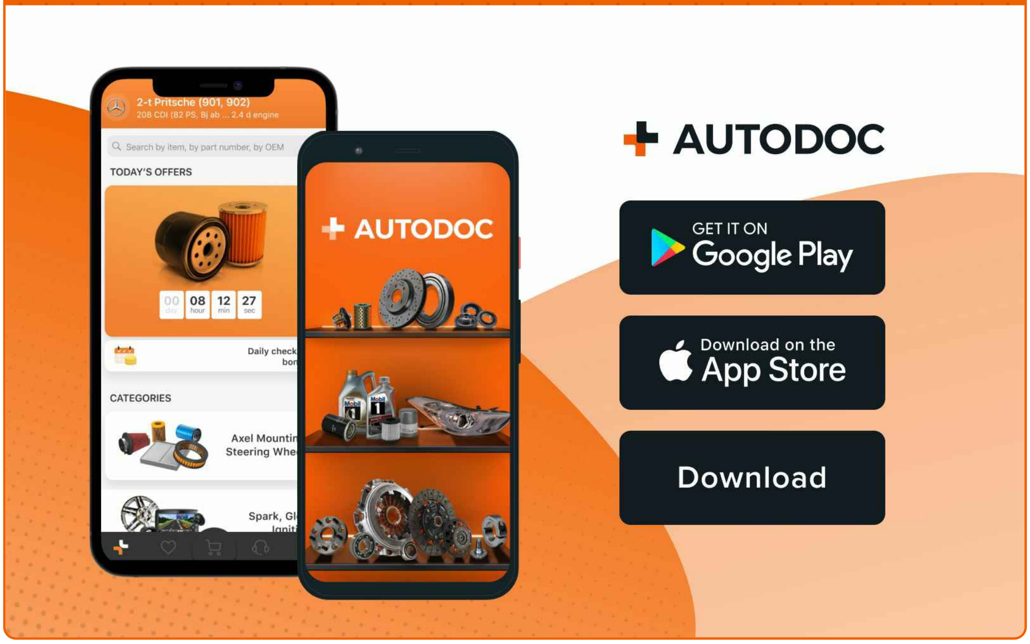


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